NZAPSCON 2026

KASAULI

21st Annual Conference
North Zone Association of Plastic Surgeons

13th–15th November, 2026

Venue: Glenview Resort, Kasauli

Theme:
Education, Innovation, Excellence

Conference Secretariat

Soni Burns & Plastic Surgery Centre
351-L, Model Town, Panipat-132103
Phone No: +91 98555 41122
Email: nzapscon2026@gmail.com

CONFERENCE BROCHURE



Dear Friends & Colleagues,

It is with great joy and a deep sense of privilege that I invite you to join us for the **21st Annual Conference of the North Zone Association of Plastic Surgeons (NZAPS 2026).** This milestone gathering will be held from 13th to 15th November 2026 at the scenic Glenview Resort, Kasauli — a setting as inspiring as the conversations we hope to spark.

We chose Kasauli with care. November in the hills brings excellent weather, a peaceful atmosphere, and the kind of unhurried beauty that encourages both deep thinking and warm camaraderie. The Glenview Resort offers excellent amenities and a welcoming ambience — the perfect backdrop for both rigorous science and relaxed fellowship.

. Our dedicated Scientific Committee is working tirelessly to curate a programme that is both crisp and impactful — especially designed to be enriching for younger plastic surgeons at every stage of their journey. This year, our thematic focus will centre on: Gender Dysphoria with the focus on Latest advances, surgical techniques, and patient care pathways and the Aesthetic Plastic Surgery discussing the Current trends, innovations, and evidence-based approaches to the patient care.

Beyond the conference halls, we look forward to moments of reconnection — over meals, walks in the hills, and conversations that remind us why we chose this remarkable specialty. We warmly welcome you and your families to join us in Kasauli for what promises to be a truly memorable experience.

With warm regards and great anticipation,



Dr. Sanjay Soni
President, (NZAPS)

Organizing Committee

Advisors


Dr. R K Sharma


Dr. Ravi Mahajan


Dr. Atul Parashar

Organizing Chairperson


Dr. Sanjay Soni

Organizing Secretary


Dr. Tarush Gupta

Secretary Finance


Dr. Varun Chauhan

Chairperson Scientific Committee


Dr. Ashish Gupta



Office Bearers



Dr. Sanjay Soni
President



Dr. Ajatshatru Kapoor
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Dr. Umar Farooq Baba
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Dr. Prashant Tyagi



Dr. Suhael Zahur



Dr. Sumit Jain



Dr. Satyaswarup Tripathy



Dr. Jangpreet Singh Multani



Dr. Harkirandeep Singh



NZAPSCON 2026
KASAULI

Friday | Day - 1, November 13th, 2026

No.	Speaker	Topic	Duration
3:00 PM 4:30 PM		**Session 1 : Learning From Each Other : Workshop**	
CHAIRPERSONS : Dr. JS Kohli, Dr. Puneet Pasricha, Dr. Ajatashatru Kapoor			
1.	Dr. Ameesha Mahajan	Microneedling for Plastic Surgeons	15 min
2.	Dr. Vikramjit Singh Dhingra	Pigmentation Disorders & Injectables In The Hands Of Plastic Surgeons	15 min
3.	Dr. KM Kapoor	Endolift for Face Lift Procedures	15 min
4.	Dr. Nitin Sethi	Sculptra	15 min
5.	Dr. AB Prabhu	Wonders of CO_2 laser in a Plastic Surgeons' World	15 min
6.	Dr. Sanjeev Uppal	AI and Aesthetic Surgery	15 min
4:40 PM 5:40 PM		**Session 2 : Dr. SK Soni Innovation Award : E- Poster**	
CHAIRPERSONS : Dr. Sunil Soni, Dr. Ramneesh Garg, Dr. Samira Sharma			
Dr. Sunil Soni		Introduction	3 min
1.	Dr. Labhanshi Aggarwal	Facial Fractures: A Retrospective Analysis Of Clinicodemographic Profile, Management, And Outcomes	3+2 min
2.	Dr. Apoorva Hajela	Reconstruction Of Lower Eyelid And Medial Canthal Defects After Basal Cell Carcinoma	3+2 min
3.	Dr. Radhika Thakur	Integrated Surgical Repair Of An Isolated Congenital Palatal Fistula: Case Report And Brief Review.	3+2 min
4.	Dr. Arpit Setia	Modified Upper Trapezius Transfer For Secondary Shoulder Reconstruction In Traumatic Brachial Plexus Injury	3+2 min
5.	Dr Raghesh Rajkumar	Build The Post, Save The Pinch: A Spare- Metacarpal Technique For Reconstruction In A Case Of Mutilated Hand	3+2 min
6.	Dr. Yaswanth Kasyap	Single Periareolar Access Versus Separate Incisions For Combined Liposuction And Gland Excision In Simon Grade Ii Gynecomastia: A Prospective Pilot Comparative Study	3+2 min
7.	Dr. Manish Kulshrestha	The Reappearing Vein Sign: A Novel Near-infrared Imaging Observation Following Fasciotomy In High-voltage Electrical Contact Burns	3+2 min

Friday | Day - 1, November 13th, 2026

No.	Speaker	Topic	Duration
8.	Dr. Dipangi Gupta	Cross-leg Free Anterolateral Thigh Flap With Indocyanine Green Angiography For The Reconstruction Of Pediatric Vessel-depleted Lower Limb Trauma Defect: A Salvage Strategy	3+2 min
9.	Dr. Gautami Narla	Biodegradable Temporizing Matrix In Complex Wound Reconstruction-clinical Outcomes And Reconstructive Success	3+2 min
10.	Dr. Gurarpan Singh	Paw - Raw - No Flaw	3+2 min
11.	Dr. Devyani Dudeja	Limbsave: An Application To Navigate The Salvage–amputation Dilemma	3+2 min
12.	Dr. Subhendu Khan	Institutional Perspectives On The Routine Use Of Interrupted Horizontal Micro-mattress (ihmm) Suturing In Microvascular Anastomosis	3+2 min
5:45PM - 6:00PM		Tea Break	
6:00PM - 6:30PM		Inauguration NZAPSCON 2026 Chief Guest Dr. PS Chari Guest of Honour Dr. RK Sharma, Dr. Ravi Mahajan	
6:30PM - 7:00PM		Executive Committee Meeting	

8:00PM Onwards | The Plastikos : Cultural Evening & Dinner

Saturday | Day - 2, November 14th, 2026

No.	Speaker	Topic	Duration
8:30 AM 9:15 AM		**Session 1 : NZAPS - PGI Early Career Academic Excellence Award**	
		CHARIPERSONS : Dr. AB Prabhu, Dr. Sanjeev Uppal, Dr. Ravi Mahajan	
		Introduction : Dr. Atul Parashar HOD PGIMER Chandigarh	
1.	Dr. Mahesh Jangra	Super Thin Tubed Groin Flap For Post Traumatic Urbaniak Class Iii Ring Avulsion Injuries: Functional And Aesthetic Outcomes	5+2 min
2.	Dr. Tarun Chaudhary	Assessment Of Surgical Outcomes Of Alveolar Bone Grafting In Cleft Lip And Palate Patients	5+2 min
3.	Dr. Anurag Salwan	Crush Injury Of Hand Epidemology And Management At Tertiary Care Centre	5+2 min
4.	Dr. Subhendu Khan	Dual Free Flap Microvascular Reconstruction For Complex Head And Neck Defects: A Single-center Experience Of 78 Patients	5+2 min
5.	Dr. Swikriti Raniwala	Beyond Size Reduction: Histopathological Findings And Symptom Relief After Reduction Mammoplasty In Fibrocystic Breast Disease	5+2 min
9:20 AM 10:50 AM		**Session 2 : Secrets of The Nose : Rhinoplasty**	
		CHAIRPERSONS : Dr. Arjun Asokan, Dr. Milind Wagh, Dr. Vikas Gupta	
1.	Dr Venkata Ramana Yamani	Decoding The Nasal Tip Anatomy • Structural Analysis • Deformity • Surgical Correction	10 min
2.	Dr. Ravi Mahajan	Cleft Lip Nose Deformity Correction	10 min
3.	Dr. Suhael Zahur	From Concha To Columella: Structural Support In Pediatric Cleft Rhinoplasty	10 min
4.	Dr. Sunil Gaba	Crooked Nose Deformity: How To Manage Function & Aesthetics	10 min
5.	Dr. Suhael Zahur	Binders Nose Surgical Correction: Deformity, Principles & Technique	10 min
6.	Dr. Venkata Ramana Yamani	Rhinoplasty Revisited What Went Wrong And Why: Findings On Re-exploration	10 min

Saturday | Day - 2, November 14th, 2026

Sno.	Speaker	Topic	Duration
		MODERATORS : Dr. Sunil Gaba, Dr. Sanjeev Uppal **Panel Discussion :** Dr. Richie Gupta , Dr. Ravi Mahajan , Dr. Suhael Zahur , Dr. Tarush Gupta, Dr. Venkata Ramana Yamani	20 min
10:50AM - 11:00AM		TEA/ COFFEE BREAK	
11:00 AM 12:30 PM		**Session 3 : Him/ Her/ They/ Them - Gender Dysphoria: Facts & Tacts**	
		CHAIRPERSONS : Dr. Sanjay Soni, Dr. Rajinder K Mittal, Dr. Ravi Mahajan	
1.	Dr. Suja Sukumar	Hormones & The Scalpel: Endocrinology Essentials In Gender Affirmapion Surgery	10 min
2.	Dr. Richie Gupta	The Prerequisites, Legal Aspects Of Gender Affirmation And Techniques Of Genital Gender Affirming Surgeries.	10 min
3.	Dr. Arjun Asokan	Facial Feminization In Male To Female Transgender Surgery	15 min
4.	Dr. Arjun Asokan	Sculpting The Silhouette: Body Contouring In Transgender Male To Female	15 min
5.	Dr. Richie Gupta	Techniques Of Genital Gender Affirmapion Surgery	25 min
6.	Dr. G Bora Dr. Sunil Gaba	Precision Meets Reconstruction: Robot-assisted Peritoneal Flap Vaginoplasty For Gender Affirmation – A Successful Urology And Plastic Surgery Collaboration	10 min
12:40 PM 1:40 PM		**Session 4 : Philosophical Society of Plastic Surgery: Age No Bar, Gyaan Har Baar**	
		CHAIRPERSONS: Dr. Atul Parashar, Dr. Suhael Zahur, Dr. Manila Khokhar	
DR. KM KAPOOR		Dr. C. Balakrishnan Oration	20 min
1.	Dr. V. D. Singh	Ethics & Aesthetics	10 min
2.	Dr. RK Sharma	Scapel, Selfie, Spreadsheet	10 min
3.	Dr. J.S Kohli	Proverbs & Quotes For Plastic Surgeons	10 min
4.	Dr. Devanshu Kalra	What They Don't Teach You In Plastic Surgery Residency	10 min

Saturday | Day - 2, November 14th, 2026

Sno.	Speaker	Topic	Duration
1:40PM - 2:10PM	Lunch		
2:10 PM 2:40 PM	Session 5 : Gen Z - Takes the Stage: Free Papers		
CHAIRPERSONS: Dr. Vikas Kakkar, Dr. RK Sharma, Dr. VD Singh			
1.	Dr. Sumit Jain	Clinical Spectrum And Surgical Management Of Glomus Tumors Of Hand	5 min
2.	Dr. Brinda Soni	A Rare Case Of Replantation Of A Previously Replanted Thumb Following Recurrent Industrial Injury: A Case Report	5 min
3.	Dr. Subhendu Khan	Diep Flap In Oncological Breast Reconstruction: A Single-centre Experience	5 min
4.	Dr. Arush Pasricha	Non-surgical Management Of Hair Loss: Current Therapies And Emerging Technologies	5 min
5.	Dr. Harkiran Singh	Hair Transplant: Planning Beyond The Graft Count	5 min
2:50 PM 4:00 PM	Session 6 : Boon to the Bosom - Cosmetic Breast Surgery		
CHAIRPERSONS: Dr. Surinder Singh Makkar, Dr. Pinki Pragal, Dr. Venkata Ramana Yamani			
1.	Dr. Milind Wagh	Breast Augmentation And Choosing The Best Implant	10 min
2.	Dr. Rajat Gupta	Relevance Of Hybrid Breast Augmentation	10 min
3.	Dr. Sameek	Redefining Gynecomastia Surgery: Transition From Traditional To Single Incision Technique	10 min
4.	Dr. Satyaswarup Tripathy	Scarless Removal Of Axillary Breast Through Combined Approach Of Liposuction And Gland Excision	10 min
5.	Dr. Milind Wagh	Breast Reduction: Technique & Technical Tips To Achieve Finess	10 min
6.	Dr. Rajat Gupta	Ensuring Long Term Upper Pole Fullness In Breast Reduction Surgery	10 min
4:00PM	RUNNING TEA BREAK		

Saturday | Day - 2, November 14th, 2026

Sno.	Speaker	Topic	Duration
4:15 PM 5:45 PM		Session 7 : Head to Toe: The Art of General Plastic Surgery	
CHAIRPERSONS: Dr. Ish Kumar Garg, Dr. Sumit Jain, Dr. Umar Farooq Baba			
1.	Dr. Atul Parashar	Craniosynostosis Surgery: Key Concepts, Surgical Pearls & Practice	9 min
2.	Dr. SS Makkar	Revisiting The Workhorse Of Head & Neck Surgery	9 min
3.	Dr. Manila Kokhar	Facial Neurofibromatosis: Navigating On Unexpected Challenges	9 min
4.	Dr. Varun Saini	Maxilla And The Reconstruction Surgeon	9 min
5.	Dr. Venkata Ramana Yamani	Melanocyte Transfer In Stable Vitiligo	9 min
6.	Dr. Samira Sharma	Role Of Local & Pedicled Distant Flaps In The Reconstruction Of Post Traumatic Soft Defects Of Lower Limb & Their Relevance In The Era Of Micro Surgery	9 min
7.	Dr. Sunil Gaba	Hideradenitis Suppurativa: When To Intervene Surgically ?	9 min
8.	Dr. SS Makkar	Turning Disability Into Oppurtunity: Flap Harvest From Polio Affected Limb	9 min
9.	Dr. Samira Sharma	Management Of Zone 2 Flexor Tendon Injuries	9 min
10.	Dr. Vikas Kakkar	The Common Diabetic Foot & The Sensible Plastic Surgeon	9 min
11.	Dr. Esha Arora Chaudhary	Innovative Applications Of Hbot In Aesthetic Surgery Practice	9 min
5:45PM - 6:15PM		GBM	

7:00PM Onwards | Gala Dinner

Sunday | Day - 3, November 15th, 2026

Sno.	Speaker	Topic	Duration
9:30 AM 11:00 AM		**Session 1 : Curating the Silhouette: Body Contouring Surgery**	
CHAIRPERSONS: Dr. Tarush Gupta, Dr. Atul Parashar, Dr. Gurpratap Singh			
1.	Dr. Suja Sukumar	Glp Drug For Plastic Surgeons	10 min
2.	Dr. Rajat Gupta	High Definition Abdominoplasty – Sharp Technique	10 min
3.	Dr. Milind Wagh	Abdominoplasty/ Liposuction: What Makes It Work In My Hands	10 min
4.	Dr. Arush Pasricha	Ultrasound-guided Brazilian Butt Lift And Other Methods Of Gluteal Augmentation	10 min
5.	Dr. Ritwik Kaushik	Risks & Benefits Of Large Volume Liposuction	10 min
6.	Dr. Arjun Asokan	Gluteal Augmentation With Implants	10 min
7.	Dr. Rajat Gupta	How To Handle When You Get A Legal Notice	10 min
8.	Dr. Abhinav Aggarwal	Augmentation Mastopexy: A Technique For Predictable Aesthetic Outcomes. Our Experience	10 min
11:00 AM 12:00 PM		**Session 2 : Look at Me: Facial Aesthetic Surgery**	
CHAIRPERSONS : Dr. Harkiran Singh, Dr. Ajatashatru Kapoor			
1.	Dr. Vikas Gupta	Practising Face Lift Surgery In Tier 2 City Of India	10+2 min
2.	Dr. Venkata Ramana Yamani	Custom Made 3D Printed Peek Implants For Chin Reconstruction	10+2 min
3.	Dr. Milind Wagh	Mid Face Lift	10+2 min
4.	Dr. Satyaswarup Tripathy	Beyond Volume Restoration: Structural Fat Grafting As A Versatile Reconstructive Tool	10+2 min
12:00 PM		**RUNNING TEA BREAK**	

Sunday | Day - 3, November 15th, 2026

Sno.	Speaker	Topic	Duration
12:00 PM 1:10 PM		**Session 3 : RL Manchanda Best Paper Award**	
CHAIRPERSONS: Dr. Satyaswaroop Tripathy, Dr. Ramneesh Garg, Dr. Milind Wagh			
1.	Dr. Gautami Narla	Role Of External Distractor In Management Of Digital Contractures Of Hand	5+2 min
2.	Dr. Labhanshi Aggarwal	Management Strategies And Functional Outcomes Of Upper Limb Vascular Malformations – A Clinical Experience	5+2 min
3.	Dr. Bineet Dandpat	Role Of Intraoperative Cephalic Vs Hydrostatic Dilatation On The Outcome Of Radio Graphic Av Fistula Maturation: A Comparative Study	5+2 min
4.	Dr. Dipangi Gupta	Beyond Cleft Closure: Does Presurgical Nasoalveolar Moulding Improve Three-Dimensional Nasolabial Symmetry? A Prospective Randomized Comparative Study	5+2 min
5.	Dr. Radhika Thakur	Managing 3d Complexity With Chimerism: The Split Anterolateral Thigh Flap For Concurrent Inner Lining, Outer Skin Cover, And Dead Space Obliteration In Head And Neck Reconstruction	5+2 min
6.	Dr. Himani Sharma	Outstretched Hands: Evolving Paradigms In The Acute Management And Functional Restoration Of The Burnt Hand	5+2 min
7.	Dr. MD Najim	Comparative Evaluation Of Burn Prognostic Indices For Mortality Prediction And The Impact Of Comorbidities: A Review Of The Literature	5+2 min
8.	Dr. Himani	Tubercular Tenosynovitis Of The Flexor Tendons In An Adoloscent: A Case Report	5+2 min
9.	Dr. Ishiya Anthal	Rational use of topical antimicrobials and systemic antibiotics in burn management: optimizing infection control and antimicrobial stewardship	5+2 min

Sunday | Day - 3, November 15th, 2026

Sno.	Speaker	Topic	Duration
10.	Dr. G Ashok Kumar	Mild To Mutilating: a case series of hand injuries associated with kite flying at a tertiary care centre	5+2 min
11.	Dr. Kshish	Buccal Fat Pad versus Conventional Dressing for Coverage of Lateral Raw Areas Following Palatoplasty: A Comparative Study	5+2 min
1:10PM Onwards	Prize Distribution, Valedictory Function, Followed By Lunch		

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Tee Mac Corporation

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