



20th Annual Conference
North Zone Association of Plastic Surgeons
(Endorsement by IAAPS)

Pre Conference Workshop

19th December 2025 (Friday)

Main Conference

20th & 21st December 2025 (Saturday & Sunday)

Venue: Govt. Dental College Auditorium, Patiala

***SCIENTIFIC
BROCHURE***

For Registration

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20th Annual Conference North Zone Association of Plastic Surgeons

Program

19th December 2025, Friday

Hall A

Pre-conference Aesthetic Video Workshop

Time	Topic	Speaker
11:00 am – 11:30 am	Registrations	
Session I (11:30 am – 01:30 pm)		
11:30 am – 12:00 pm	Thread lift	Dr Vikramjit Dhingra
12:00 pm – 12:30 pm	Pico Laser	Dr Ameesha Mahajan
12:30 pm – 01:00 pm	Laser Hair Reduction	Dr A B M K Prabhu
01:00 pm – 01:30 pm	Endo lift	Dr Vikram Rathore
01:30 pm – 02:00 pm	LUNCH	
Session II (02:00 pm – 05:00 pm)		
02:00 pm – 02:30 pm	Weight Management	Dr Rohit Aggarwal
02:30 pm – 03:00 pm	Botulinum Toxin	Dr Ashit Shah
03:00 pm – 03:30 pm	Fillers	Dr Lokesh Handa
03:30 pm – 04:00 pm	Non Surgical Face Lift	Dr Vikas Gawri
04:00 pm – 04:30 pm	Chemical Peels	Dr Himanshu Paul
04:30 pm – 05:00 pm	Panel Discussion	Dr Preetish Bhavsar



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19th December 2025, Friday

Hall B

Pre-conference Microsurgery Workshop

Time	Topic	Speaker
Demonstration on Chicken Wings and Placenta Vessels		
11:30 am – 01:30 pm	End to End Anastomosis	Dr Raja Tiwari Dr Varun Saini Dr Mahesh Jangra
	End to Side Anastomosis	
	Vessel Size mismatch: Anastomosis modifications	
	Couplers	
02:00 am – 05:00 pm	Hands on for delegates	

- * Delegate Hands on workshop and one to one interaction with faculty
- * Delegates should bring their own loupes

Cricket 05:00 pm onwards

10 Over Match





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Program

Main Conference
20th December 2025, Saturday

Time	Topic	Speaker
09:00 am onwards	Registrations	
Session I : Face (09:15 am - 11:00 am)		
09:15 am - 09:30 am	Blepharoplasty	Dr Vikas Gawri
09:30 am - 09:45 am	Fat Grafting	Dr Veena Singh
09:45 am - 10:00 am	Chin Implant	Dr A B M K Prabhu
10:00 am - 10:15 am	Facial Feminisation	Dr Gurukarna
10:15 am - 10:30 am	Brow lift & Dimple Creation	Dr Vikramjeet Dhingra
10:30 am - 11:00 am Case Discussion	Masseteric resection	Dr Abhinav Agarwal
	Facial Fat Grafting	Dr Sunil Gaba
	Bullhorn Lip lift	Dr Vikramjeet Dhingra
	Aesthetic Restoration of a Traumatic Chin-Lip Scar: A Regenerative Strategy	Dr Amiteshwar Singh
Session II : Rhinoplasty (11:00 am - 12:30 pm)		
11:00 am - 11:10 am	Managing Bulbous Tip Deformity	Dr Suhail Zahur
11:10 am - 11:20 am	Reconstructive Rhinoplasty	Dr Venkatramana
11:20 am - 11:30 am	Binder Correction: Now A Days	Dr Harpreet Bakshi
11:30 am - 11:40 am	High Septal Deviation	Dr Sunil Gaba
11:40 am - 11:50 am	Crooked Nose with Preservation	Dr Tarush Gupta
12:00 pm - 12:30 pm Case Discussion	Dorsal Augmentation	Dr Himanshu
	Secondary Rhinoplasty	Dr Venkatramana
	Parenthesis	Dr Sunil Gaba
12:30 pm - 01:00 pm	CBK oration	Dr S S Makkar
12:30 pm - 01:00 pm	Inauguration	
12:30 pm - 01:00 pm	Lunch	

* SK Soni best poster award



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Program

Main Conference
20th December 2025, Saturday

Time	Topic	Speaker
Session III : Breast (02:00 pm - 03:00 pm)		
02:00 pm - 02:10 pm	Gynecomastia	Dr Amanpreet singh
02:10 pm - 02:20 pm	Fat Grafting for Breast	Dr Vikas Gawri
02:20 pm - 02:30 pm	Breast Reduction with Auto Augmentation	Dr Aditya Agarwal
02:30 pm - 02:40 pm	Ensuring Long term upper pole fullness in Breast Reduction Surgery	Dr Rajat Gupta
02:40 pm - 02:50 pm	Managing High riding NAC post mastopexy	Dr Rajat Gupta
02:50 pm - 03:00 pm	Post Tubercular Breast Volume Loss	Dr Sanjay Soni
Session IV : Invited lectures (03:00 pm - 04:15 pm)		
03:00 pm - 03:10 pm	Basilic vein transfer	Dr Gurinder Singh
03:10 pm - 03:20 pm	Psychology, Ethics and Safety -triad in cosmetic surgery	Dr Seema Mittal
03:20 pm - 03:30 pm	Keystone flaps: execution and versatility	Dr Umar baba
03:30 pm - 03:40 pm	Tips & Tricks in Cosmetology practice for young plastic surgeons	Dr Akash
03:40 pm - 03:50 pm	How to start after you Finish	Dr Harkiran Singh
03:50 pm - 04:00 pm	TBD	Dr Adil Wani
04:00 pm - 04:15 pm	Nerve-Sparing Clitoroplasty: Integrating Anatomy, Technique, and Patient Care	Dr Altaf mir



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Main Conference
20th December 2025, Saturday

Time	Topic	Speaker
Session V : Body contouring (04:15 pm - 05:45 pm)		
04:15 pm - 04:25pm	360 Lipo-Contouring Mastery : Marking, Positioning & Energy Devices for Super Tummy Transformations	Dr Gurukarna
04:25 pm - 04:35pm	High Definition Abdominoplasty - SHARP Technique	Dr Rajat Gupta
04:35 pm - 04:45pm	Abdominoplasty	Dr Vikas Gupta
04:45 pm - 04:55pm	Cosmetoplasty after Massive Weight Loss	Dr Aditya Agarwal
04:55 pm - 05:05pm	TBD	Dr Lokesh Handa
05:05 pm - 05:15pm	Post Operative Pain Management in Abdominoplasty	Dr Gurukarna
05:15 pm - 05:45 pm	Belt Lipectomy	Dr Abhinav Agarwal
	Brachioplasty	Dr Aditya Agarwal
06:00 pm - 06:30 pm	GBM	
07:30 pm Onwards	BANQUET Dinner at Maharani Club Lawns	



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Main Conference
21st December 2025, Sunday

Time	Topic	Speaker
Session VI : Hair Transplant and COS Gynae (09:00 am – 10:00 am)		
09:00 am – 09:15 am	Sequential Strip Harvest: A Technique to Yield Maximum Grafts in Follicular Unit Transplantation Method	Dr Vikram Rathore
09:15 am – 09:30 am	How to manage complicated HT	Dr Baljinder Garg
09:30 am – 09:40 am	Beard transplant	TBD
09:40 am – 09:50 am	Cosmetic Gynecology : An emerging branch for Plastic Surgeon	Dr Sunil Gaba
09:50 am – 10:00 am	TBD	TBD
Session VII : Young Plastic Surgeon Session (10:00 am – 11:50 am)		
10:00 am – 10:10 am	Man's Best Friend, Public Health's Rising Risk: The Growing Threat of Dog Bite Injuries	Dr Pinki Pargal
10:10 am – 10:20 am	"Preservation rhinoplasty: Long-term outcomes and experience in Indian patients"	Dr Tarush gupta
10:20 am – 10:30 am	Management of Exposed Implantable Cardiac Electronic Devices	Dr Ritwik kaushik
10:30 am – 10:40 am	Alone but not idle- Crafting a Department against all odds	Dr Navneet Sharma
10:40 am – 10:50 am	TBD	Dr Dhruv Gupta
10:50 am – 11:00 am	TBD	Dr Rahul Gorka
11:00 am – 11:10 am	Thoracodorsal to Axillary Nerve Transfer: A Rare but Feasible Option for Restoration of Shoulder Abduction	Dr Bhavya Thakur
11:10 am – 11:20 am	From desire to data :The evidence based evolution of cosmetic medicine	Dr Samik Sharma
11:20 am – 11:30 am	TBD	Dr Abhishek Bamare
11:30 am – 11:40 am	Spectrum of Microsurgical Reconstruction in a Modern Oncological Center	Dr Subhendu
11:40 am – 11:50 am	TBD	Dr Jharna
12:00 pm – 01:30 pm	Session: VII – R L Manchand Best Paper Award	
01:30 pm – 02:00 pm	Felicitation and vote of thanks	
02:00 pm Onwards	Lunch	



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19th - 21st December, 2025

Conference Secretariat

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